

Addenbrooke's Charities and Support Groups

- **Acoustic Neuroma and Meningioma Network**
www.amnet-charity.org.uk
An Addenbrooke's-based self-help group that aims to improve the quality of life for existing, past and new patients who have acoustic neuroma and/or meningioma. contact.amnet@btinternet.com - Alison Frank
- **Addenbrooke's Abroad** evelyn.brealey@addenbrookes.nhs.uk 01223 274878
- **Addenbrooke's Kidney Patient Association (AKPA)**
A charitable committee of users, relatives and staff. This has been running for more than 30 years as a network and support group for existing and new patients and their relatives. Contact: Freepost PE635, The Membership Secretary, 68 Sherbourne Road, Peterborough PE1 4BR.
fundraising@akpa.org.uk
- **Addenbrooke's Liver Transplant Association (ALTA)**
Patients lead this group and staff attend. Patients feed back on service improvements and carry out fundraising activities. Further information can be obtained from Mr Bob Hayzen (chairman) E-mail: rhayzen@bigfoot.com
- **Addenbrooke's Rehabilitation Clinic (ARC) Users Group**
This is held on the third Wednesday of every month at 7pm. A structured meeting to discuss everything to do with the centre including services, complaints, finances and contractors. Sarah Wilson
sarah.wilson@addenbrookes.nhs.uk
- **Addison's Disease Self Help Group (ADSHG)** www.adshg.org.uk;
info@adshg.org.uk
- **Age Concern** office@accambbs.org
- **Alzheimer's Society Cambridge** – based at Fulbourn Hospital
www.alzheimers.org.uk/cambridge&ely joe.oakes@asp.nhs.uk
- **Anglia Cancer Network** audrey.bradford@suffolkpct.nhs.uk
- **Anthony Nolan Trust** events@anthonymolan.org.uk
- **Arthritis Care** www.arthritiscare.org.uk
- **Arthritis Research Campaign** info@arc.org.uk;
www.arc.org.uk
- **Arthur Rank Hospice Charity** fundraising.arhc@btinternet.com
- **Asthma UK** info@asthma.org.uk; www.asthma.org.uk
- **Breakthrough Breast Cancer** info@breakthrough.org.uk
- **Breast Cancer Campaign** events@breastcancercampaign.org

- **Breast cancer support group**
This group is for women who have been treated at Addenbrooke's for breast cancer. For further information contact Karen Burnet, Lead Breast Care Nurse, Cambridge Breast Unit Tel: 01223 216 313.
- **Breathe-easy** (Department of Respiratory Medicine)
A monthly patient-centred support group. This was set up by specialist nurses but is now run by patients and facilitated by staff. Patients invite speakers, organise fundraising activities and produce a newsletter. [Contact Respiratory Medicine 01223 216645 \(x 2645\)](tel:01223216645)
- **British Association of Perinatal Medicine** bapm@rcpch.ac.uk
- **British Heart Foundation** internet@bhf.org.uk; www.bhf.org.uk
- **British Orthopaedic Association** www.boa.ac.uk
- **The British Liver Trust** www.britishlivertrust.org.uk;
info@britishlivertrust.org.uk
- **British Lung Foundation** enquiries@blf-uk.org; www.lunguk.org
- **British Tinnitus Association** www.tinnitus.org.uk; info@tinnitus.org.uk
- **Cambridge Cancer Help Centre** cchc@hotmail.co.uk
- **Cambridge Hearing Trust Ian Neville** ineville@tesco.net
- **Cambridge ME Support Centre** www.cam-me.org.uk
- **Cambridgeshire Area Relatives Support Network** (retention of organs)
- **Cambridgeshire Celebrates Age (CCA)** sally.roden@cambridge.gov.uk
activities around International Day of Older People on 1st Oct
- **Cardiomyopathy Association** info@cardiomyopathy.org;
www.cardiomyopathy.org
- **Changing Faces** www.changingfaces.org.uk ; info@changingfaces.org.uk
- **The Child Brain Injury Trust Support Group** www.cbit-cambsbedsherts.org.uk
- **CLAPA – Cleft Lip and Palate Association Cambridge**
anna.zeffertt@addenbrookes.nhs.uk
- **CLIC Sargent** Karen Roberts Karen.Roberts@clicsargent.org.uk
- **Crohn's Support Group** (www.crohns.org.uk)
This is the local branch of a national organisation. Both staff and patients are involved. Patients feed back on services.
- **Colitis and Crohn's Disease (NACC)** nacc@nacc.org.uk;
www.nacc.org.uk

- **COPARS** (Childhood Cancer Organisation for Parents and Relative Support)
A support group for parents. It is run by parents with staff input. Parents can feed their views and constructive criticisms to staff. They also take part in fundraising. www.copars.org Registered charity.
jlevien@identifydirect.com
- **CORE** info@corecharity.org.uk ; www.corecharity.org.uk
- **CRAVE** (Conor Richardson Addenbrooke's Ventilator Appeal)
- **Cambridge Older People's Enterprise (COPE)** registered charity
cambridgecope@hotmail.co.uk
- **Cystic Fibrosis Trust** www.cftrust.org.uk ; enquiries@cftrust.org.uk
- **Diabetes UK** eastern@diabetes.org.uk

- **Down's Syndrome Association** www.downs-syndrome.org.uk;
info@downs-syndrome.org.uk
- **East Anglia Children's Hospice** funding@each.org.uk
- **East of England Ambulance Services** www.eastanglianambulance.com
- **East Anglian Air Ambulance** info@eaaa.org.uk
- **Epilepsy Action** helpline@epilepsy.org.uk; www.epilepsy.org.uk
- **FABED – Families Affected By Eosinophilic Disorders**
info@fabed.co.uk; www.fabed.co.uk
- **Friends of Addenbrooke's via the ACT office** 01223 256163
- **Friends of the Elderly** Mr Paul Anderson; 15 The Rookery, Balsham, Cambridge, CB21 4EU; 01223 893032; paulja15@hotmail.com
- **Guide Dogs for the Blind** guidedogs@guidedogs.org.uk

- **Headway Cambridgeshire** www.headway-cambs.org.uk
headwaycambs@btconnect.com

- **Huntingdon's Disease Association** info@hda.org.uk; www.hda.org.uk
- **Kidney Research UK** peterevell@kidneyresearchuk.org ;
georgiamccormack@kidneyresearchuk.org
- **The Lavender Trust** – breast cancer support www.lavendertrust.org.uk
- **Lupus UK** www.lupusuk.org.uk www.lupusuk.org.uk

- **Macmillan Cancer Support** cambridgeshire@macmillan.org.uk
Tess Youngs: TYoungs@macmillan.org.uk

- **MAGPAS** Tessa@magpas.org.uk
- **Meningitis Trust** www.meningitis-trust.org.uk; info@meningitis-trust.org.uk
- **Motor Neurone Disease Association Cambridgeshire** www.mndcamb.org.uk mndcamb@mndassociation.org
- **Multiple Sclerosis Society** www.mssociety.org.uk
- **Multiple Sclerosis Trust** info@mstrust.org.uk; www.mstrust.org.uk
- **National Association for Colitis and Crohn's Disease** nacc@nacc.org.uk www.nacc.org.uk
- **The National Autistic Society** www.autism.org.uk; nas@nas.org.uk
- **National Blood Service** www.blood.co.uk
- **National Childbirth Trust** enquiries@nct.org.uk; www.nct.org.uk
- **The National Eczema Society** www.eczema.org; helpline@eczema.org
- **National Gaucher Foundation** www.gaucher.org.uk; office@gaucher.org.uk
- **National Osteoporosis Society** www.nos.org.uk; info@nos.org.uk
- **Newmarket Breast Cancer Support Group** www.wsh.nhs.uk
- **NHS Retirement Fellowship** antheagraham@hotmail.com
- **No Panic** www.nopanic.org.uk; ceo@nopanic.org.uk
- **Oral & Maxillofacial About Face patient support group**
This group aims to increase the awareness of mouth and facial cancers and facial deformities. It also raises funds for the Oral and Maxillofacial Surgery Department at Addenbrooke's. To contact the group, ask at the clinic reception. www.omfsaboutface.co.uk
- **Parkinson's Disease Society** www.parkinsonscambridge.org.uk; vickyhunt@lineone.net
- **Premrose** – contact act@addenbrookes.nhs.uk
- **Prostate Cancer Support Association**
The Prostate Cancer Support Association has been set up to support and represent all parties in the region who are concerned with prostate cancer and its treatment. Please contact Julie Lynch, Research Nurse, Department of Urology, Box 43, Addenbrooke's Hospital, Tel: 01223 274 608; E-mail: julie.lynch@addenbrookes.nhs.uk for further details.
- **The Psoriasis Association** www.psoriasis-association.org.uk; mail@psoriasis.demon.co.uk

- **SANDS** (Stillbirth and Neonatal Death Society)
A self-help group for those who have experienced stillbirth and neonatal death. Bereaved parents can discuss their feelings with people who have been through a similar ordeal. Cambridge contact Cathy Evans Tel: 01223 207 144 (there is also a Huntingdon-based group). The group meets on the last Monday of each month from 1930 - 2130 hrs. National SANDS website: www.uk-sands.org fundraising@uk-sands.org
- **Sick Children's Trust** (supporting Acorn House)
There is a Cambridge Fundraising Committee
 - www.sickchildrenstrust.org info@sickchildrenstrust.org
- **Spinal Injuries Association** sia@spinal.co.uk; www.spinal.co.uk
- **STRADA – Stroke and Action for Dysphasia Adults**
STRADA of Cambridge is a Day Support Unit for sufferers of Brain Attack 01223 842 919
- **The Stroke Association** info@stroke.org.uk www.stroke.org.uk
- **Sue Ryder Care** marianne.thompson@suerydercare.org
- **The Trauma After-Care Trust (TACT)** tact@tacthq.demon.co.uk
- **Teenage Cancer Trust** Helen Bearfield-Smith, Regional Campaigns Manager, Helen@teenagecancertrust.org Mob: 07852 998234
- **Unique – Rare Chromosome Disorder Support Group**
www.rarechromo.org; info@rarechromo.org
- **Wallace Cancer Care** www.wallacecancercare.org.uk
- **Willow Foundation** www.willowfoundation.org.uk
info@willowfoundation.org.uk
- **Young Adult Cancer Support Group** – Breast cancer support for women aged 16-24. Contact Debbie Holland, TYA Cancer Nurse Co-ordinator, 01223 348126 deborah.holland@addenbrookes.nhs.uk